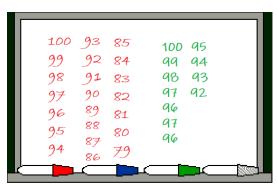
## DISTRACTED DRIVING COUNTDOWN ACTIVITY

Distracted driving continues to be an issue for young drivers. This activity will demonstrate how difficult multi-tasking can be when talking or texting on your cellphone while driving. This ten-minute activity only requires three volunteers (with cell phones), markers, a whiteboard or large paper.

## **DIRECTIONS**

Ask for three volunteers who have cell phones with them. **Student 1** and **Student 2** will write on the board. **Student 3** needs to have the phone number of **Student 2** and will call him/her as he/she begins to write. To demonstrate how difficult it is to concentrate on driving while using a cell phone, **Student** 



1 and Student 2 will come up to the front of the class and write on the board counting back from 100. Student 1 will write counting back from one 100 without being distracted by a phone. Student 2 will write counting back from 100 while Student 3 is asking very simple questions over the phone while standing in the back of the room. Once all the questions are finished, ask the students to stop. Look at the numbers, are they correct? Did you notice a difference between the two students?

## **TAKEAWAY**

Often, Student 2 has a difficult time answering the questions over the phone and writing the numbers (driving) at the same time. Students tend to pause or look away to think of the answer, and sometimes write the wrong numbers down as a result! How can this be dangerous if you were driving?

#### **SAMPLE QUESTIONS**

- 1. What school do you go to?
- 2. Where were you born?
- 3. What color are bats?
- 4. What did you eat for breakfast?
- 5. What season comes after winter?
- 6. How old were you when you learned to ride a bike?
- 7. What color are your eyes?
- 8. What year was it last year?
- 9. What letter comes after O?
- 10. What month was it two months ago?

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