

## Lesson Four: Getting out of vehicles safely

Objective: At the end of the lesson, children should be able to demonstrate the proper way to get out of a vehicle.



Materials: 4 chairs

Directions:

1. Discuss the following safety rules:
  - Get in and out of a car with an adult.
  - Stay in your seat and keep your seat belt buckled until the vehicle stops moving.
  - Always exit on the curb-side, away from traffic.
  - Always cross the street with the help of an adult. If you have to cross after getting off a bus, wait until the bus driver or another adult motions for you to cross.
  
2. Arrange the chairs to represent the car and have the children role play safety behavior. Explain that the right side of the chairs is the busy street and the left side of the chairs is the curb side. Then switch sides and continue role playing.