Lesson Three: Motor Vehicle Safety

Objective: At the end of the lesson, the children should be able to explain the importance of seat belts.



Materials: Pictures of child safety seats, construction paper, safety scissors, magazines for picture cutouts

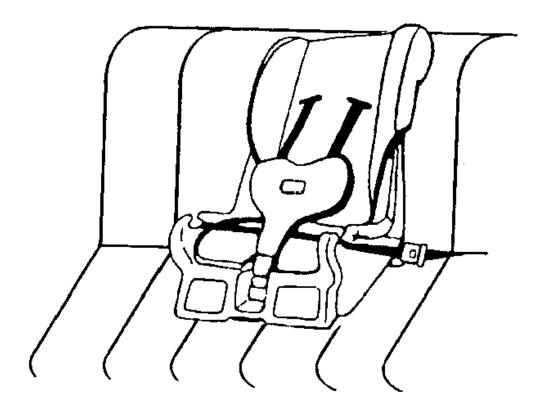
## Directions:

- 1. We need to encourage the use of safety seats in a POSITIVE manner, without frightening the children. Possible approaches are: "Seat belts and safety seats are to keep little people snug, secure, and safe from bumps and bruises." "The safety seat helps, protects, and takes care of you; it keeps you from bumping your head." "This is your special way to ride in the car." Have children repeat "This is our special way to ride in the car."
- 2. Review the following safety rules:
  - On all trips, short and long, ALWAYS buckle your seat belt or ride in a car seat when riding in a vehicle.
  - Seat belts keep people from being thrown against other passengers and hard surfaces in a crash or sudden stop.
  - Seat belts should be worn snug across the lap and across the shoulder; not under the arm or behind the back.
- 3. Show the children a picture of a safety seat and explain that all of the straps need to be fastened so they are comfortable and safe in the seat. Tell them if there isn't a safety seat, to use the safety belt over their hips, not their stomachs. Also emphasize that the back seat is the safest place to be.
- 4. If available, use a safety seat to demonstrate with the child in the class. Have children practice using it correctly. Invite SAFE KIDS (<a href="www.safekids.org">www.safekids.org</a>) or the local police department to come into the classroom for a demonstration.
- 5. Have the children look through magazines and cut out pictures of cars, trucks, and vans. Have the children describe things that make them safe. Have them make a collage.

## Reminder:

- Include car safety in the first of the year general safety discussions.
  Remind children before every field trip in a car or van about "vehicle manners" to sit still and always buckle up in their seat.
- For children entering into kindergarten, introduce to Bus Safety if appropriate. (See sheet on School Bus Safety)

## PICTURE OF CARSEAT



## PICTURE OF A BOOSTER SEAT

