

Section Two: Transportation safety

Lesson One: Safe to School

Objectives: At the end of the lesson, children should be able to identify: 1) three methods they could take to get to school and 2) safety concerns associated with each method.



Materials: How do you get to school? Diagram

Directions:

1. Begin by explaining to the children there are many forms of transportation – ways we can move from one place to another.
2. Solicit volunteers to tell you how they got to school this morning. Use the picture sheet provided to help children come up with their answer. Provide additional help if needed, “Did you walk to school today?” “Did you ride in a car?” *
3. Tell children that we need to continue thinking about being safe as we head to and from school and to all the places we go with our friends and family. Over the next few days (weeks) we will be learning about ways to stay safe while riding in cars, riding our bikes or scooters, skating and walking.
4. Ask students if they know of a way they stayed safe on the way to school today. Provide help if needed: “What did you do before you crossed the street?” “Did you look left, right and left again and hold an adult’s hand?”
5. Discuss with the children the ways we stay safe using their examples plus, wearing seatbelts, riding in booster seats, wearing a helmet, watching for traffic, and following safety rules.
6. To encourage these safety messages, play Simon Says with the class.

Simon Says “Buckle Your seatbelt” (children place hands together like they are snapping their seatbelts)

Simon Says “Put on your helmet” (children place imaginary helmet on their heads)

Simon Says “Look left, right and left again” (children look left-right-left before stepping forward)

* As children dictate responses, the teacher may write responses on a chart as a language activity or create a graph for a math activity.

How do you get to school? _____



School Bus



Bicycle



Skates



Walking



Car
