



TOPIC: Identifying Risky Bike and Pedestrian Behavior

GRADES: 1 - 3

STANDARD(S): Health Education

OBJECTIVES FOR HEALTH EDUCATION

- Understand the importance of bike helmets in preventing injury
- Apply effective verbal and nonverbal communication skills to enhance health
- Students will demonstrate the ability to practice injury-prevention pedestrian behaviors to avoid or risks
- Demonstrate and take personal responsibility for injury prevention behaviors to avoid or reduce risks to self and others

PROCEDURE

- Assign students to watch **Bicycle Safer Journey** video: <https://www.youtube.com/watch?v=dkoVxBnnGko>
- Assign students to watch **Pedestrian Safer Journey** video: <https://www.youtube.com/watch?v=PzghGxEqBMQ>.
- Assign students to complete the Safe or Unsafe Behaviors activity.
- Classroom Connection: Contact a pedestrian safety or bike safety educator in the community to arrange a virtual classroom presentation to conclude this lesson. Review AAA.com/Community for local contacts.

ADDITIONAL INFORMATION

- More educational downloads on bike and pedestrian safety:
 - AAA.com/BikeSafety
 - Exchange.AAA.com
 - [Bike Safety](#), [Skating/Skateboard Safety](#) & [Pedestrian Safety](#) from Safe Kids Worldwide

SUMMARY

Students will practice refreshing their bike and pedestrian safety knowledge. Students will acknowledge safe or unsafe behaviors when it comes to riding a bike or walking, by looking at images depicting risky and less risky behaviors.

HEALTH EDUCATION STANDARDS

The lesson plan meets the following National Health Education Standards (NHES):

Standard 1: 1.2.4; 1.5.4

Standard 3: 3.2.2

Standard 5: 5.2.1; 5.5.1

Standard 7: 7.5.1

Standard 8: 8.2.1



OR



*For each of the following images, identify whether the action shown is **SAFE** or **UNSAFE** and explain why.*

NAME:

DATE:

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SAFE

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UNSAFE

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CREDIT: NHTSA

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CREDIT: www.pedbikemages.org/Tony Hull

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CREDIT: www.pedbikemages.org/Tony Huij

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CREDIT: www.gettyimages.org/Brandon Whyte

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CREDIT: NHTSA

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CREDIT: www.pedbikeimages.org/Dan Burden

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OR



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CREDIT: www.pedbikemages.org/Tony Hull

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