

# Brainstorming Questions: 2-3rd Grade



1. A Traumatic Brain Injury occurs in the U.S. every

- a. 21 seconds ✓
- b. one minute
- c. 2 hours
- d. 24 hours

**Talking Point:** If we are with you for an hour today, that means that 180 people will have sustained a traumatic brain injury. It can happen to anyone, anywhere, anytime. Simple safety tips like always wearing a helmet when you are riding on your wheels and being a safe pedestrian will help to keep you safe.

2. Brain injury can occur even if there is no loss of consciousness.

- a. True ✓
- a. False

**Talking Point:** A concussion is a brain injury and a brain injury can occur even if you do not lose consciousness. It is important to tell an adult (either your parent, or teacher or coach) if you hit your head. **Signs of a concussion:** headache, nausea/vomiting, blurred/double vision, loss of memory, confusion/foggy, ringing in ear, dizziness, slurred speech, appearing dazed, and fatigue.

3. How much does the human brain weigh?

- a. 8oz.
- b. 1.5 lbs.
- c. 3 lbs. ✓
- d. 5 lbs.

**Talking Point:** Show the sample of the brain. This is what the brain looks and feels like; soft and mushy like this. Your brain is normally protected by your skull but if you fall and hit your head (sports, wheeled sports) the brain can get injured.

## **\*Bonus Point\***

Your brain is more active when you are sleeping than watching TV.

- a. True ✓
- b. False